

**MEDICAL HISTORY**

Client's Name \_\_\_\_\_ Date form completed \_\_\_\_\_

Client's DOB \_\_\_\_\_ Form completed by: \_\_\_\_\_

Client's Primary Care Physician: \_\_\_\_\_

List all doctors or medical specialists the client sees now or has seen in the past year

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Date of client's last physical exam \_\_\_\_\_ Examiner's name \_\_\_\_\_

Describe any current medical problems or recent changes in client's physical condition: \_\_\_\_\_

What is client's Height? \_\_\_\_\_ How is client's appetite?  good  fair  poor  
 Weight? \_\_\_\_\_ How well does client sleep?  good  fair  poor  
 Is client gaining weight?  yes  no How is energy level?  good  fair  poor  
 Is client losing weight?  yes  no Rate client's general health  good  fair  poor  
 If yes, amount of gain  loss  \_\_\_\_\_ lbs. Date gain/loss began \_\_\_\_\_

List any hospitalizations:

1. \_\_\_\_\_
2. \_\_\_\_\_

List all medications client is taking. Include non-prescription drugs and health supplements.

Drug Name	Dosage	# Per Day	Drug Name	Dosage	# Per Day
1.			5.		
2.			6.		
3.			7.		
4.			8.		

Do you have any allergies to medication?  yes  no If yes, which ones? \_\_\_\_\_

Check any of the following which you use or have used:

Substance	used in			problem	how much/ Often	Substance	used in			problem	how much/ Often
	Past	Now	Now				Past	Now	Now		
Hard Liquor						Barbiturates					
Beer/Wine						Cocaine					
Marijuana						Tobacco					
Speed/Amphet.						Coffee					
Heroin						Soft Drinks					
L.S.D.						Other					

Further comments on alcohol or drug use: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Client Name: \_\_\_\_\_

Has client had any previous mental health treatment or counseling?  yes  no If yes, describe below:

Dates \_\_\_\_\_ Location or therapist \_\_\_\_\_ Reason for seeing therapist \_\_\_\_\_

Further comments on mental health care results and/or reasons for termination: \_\_\_\_\_

Check any of the following symptoms you (the client) have had in the past three months:

- |                                       |   |  |   |
|---------------------------------------|---|--|---|
| X <u>symptom</u>                      | X <u>symptom</u>                                  | X <u>symptom</u>                                 | X <u>symptom</u>                                  |
| <input type="checkbox"/> Vision       | <input type="checkbox"/> Weakness in arms or legs | <input type="checkbox"/> Constipation            | <input type="checkbox"/> Chronic pain             |
| <input type="checkbox"/> Hearing loss | <input type="checkbox"/> Convulsion/Seizures      | <input type="checkbox"/> Diarrhea                | <input type="checkbox"/> Back pain                |
| <input type="checkbox"/> Headaches    | <input type="checkbox"/> Nausea or vomiting       | <input type="checkbox"/> Stomach aches           | <input type="checkbox"/> Menstrual Irregularities |
| <input type="checkbox"/> Fainting     | <input type="checkbox"/> Shortness of breath      | <input type="checkbox"/> Unusual bleeding        | <input type="checkbox"/> _____                    |
| <input type="checkbox"/> Dizziness    | <input type="checkbox"/> Chest pains or tightness | <input type="checkbox"/> Abnormal growth or lump |   |
| <input type="checkbox"/> Head injury  | <input type="checkbox"/> Loss of consciousness    | <input type="checkbox"/> Memory loss             |   |

Check any of the following conditions you (the client) has had and give dates of onset.

- |   |             |  |             |  |             |
|---|-------------|--|-------------|--|-------------|
| X <u>condition</u>                            | <u>Date</u> | X <u>condition</u>                           | <u>Date</u> | X <u>condition</u>                           | <u>Date</u> |
| <input type="checkbox"/> Allergies            |             | <input type="checkbox"/> Fibromyalgia        |             | <input type="checkbox"/> Liver problems      |             |
| <input type="checkbox"/> Anemia               |             | <input type="checkbox"/> Glaucoma            |             | <input type="checkbox"/> Low blood pressure  |             |
| <input type="checkbox"/> Angina               |             | <input type="checkbox"/> Gonorrhea           |             | <input type="checkbox"/> Lung condition      |             |
| <input type="checkbox"/> Arthritis            |             | <input type="checkbox"/> Gout                |             | <input type="checkbox"/> Migraines           |             |
| <input type="checkbox"/> Asthma               |             | <input type="checkbox"/> Head trauma         |             | <input type="checkbox"/> Multiple sclerosis  |             |
| <input type="checkbox"/> ADD                  |             | <input type="checkbox"/> Heart disease       |             | <input type="checkbox"/> Obesity             |             |
| <input type="checkbox"/> Autism               |             | <input type="checkbox"/> Hepatitis           |             | <input type="checkbox"/> Parkinson's disease |             |
| <input type="checkbox"/> Birth defects        |             | <input type="checkbox"/> High blood pressure |             | <input type="checkbox"/> Polio               |             |
| <input type="checkbox"/> Bladder problems     |             | <input type="checkbox"/> Huntington's chorea |             | <input type="checkbox"/> Rheumatic Fever     |             |
| <input type="checkbox"/> Bowel problems       |             | <input type="checkbox"/> Hyperactivity       |             | <input type="checkbox"/> Stomach ulcers      |             |
| <input type="checkbox"/> Cancer               |             | <input type="checkbox"/> Hypoglycemia        |             | <input type="checkbox"/> Stroke              |             |
| <input type="checkbox"/> Cerebral Palsy       |             | <input type="checkbox"/> Hysterectomy        |             | <input type="checkbox"/> Syphilis            |             |
| <input type="checkbox"/> Chronic Fatigue      |             | <input type="checkbox"/> Jaundice            |             | <input type="checkbox"/> Thyroid disease     |             |
| <input type="checkbox"/> Circulation problems |             | <input type="checkbox"/> Kidney problems     |             | <input type="checkbox"/> Tuberculosis        |             |
| <input type="checkbox"/> Diabetes             |             | <input type="checkbox"/> Learning disability |             | <input type="checkbox"/> AIDS/HIV +          |             |
| <input type="checkbox"/> Epilepsy             |             | <input type="checkbox"/> Leukemia            |             | <input type="checkbox"/> Other _____         |             |

Please indicate if any of the client's blood relatives (mother, father, grandparent, sister, brother, etc.) have had any of the above conditions. \_\_\_\_\_

Have any of the client's blood relatives had any of the following conditions? Indicate who.

- |   |            |  |            |
|---|------------|--|------------|
| X <u>condition</u>                                  | <u>who</u> | X <u>condition</u>                                     | <u>who</u> |
| <input type="checkbox"/> Alcohol/drug abuse         | _____      | <input type="checkbox"/> Nervous breakdown             | _____      |
| <input type="checkbox"/> Anxiety or Panic Disorder  | _____      | <input type="checkbox"/> Obsessive/Compulsive Disorder | _____      |
| <input type="checkbox"/> Attention Deficit Disorder | _____      | <input type="checkbox"/> Psychiatric Hospitalization   | _____      |
| <input type="checkbox"/> Bipolar Illness            | _____      | <input type="checkbox"/> Schizophrenia                 | _____      |
| <input type="checkbox"/> Depression                 | _____      | <input type="checkbox"/> Seizure Disorder              | _____      |
| <input type="checkbox"/> Dementia                   | _____      | <input type="checkbox"/> Suicide                       | _____      |

Additional comments on client's health or client's family health history: \_\_\_\_\_